SEWING TUTORIAL

sewing a continuous lap



RIGHT SIDE OF FABRIC



BACK SIDE OF FABRIC

NOTE:

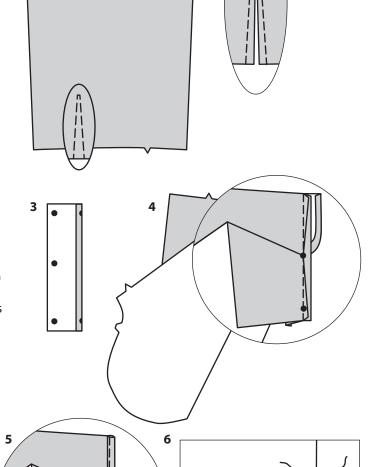
The continuous lap is the binding that finishes the sleeve opening.

- 1. To make slash opening at lower edge of sleeve, stitch along stitching lines; pivot and take one small stitch across the point.
- **2.** Slash between stitching, being careful not to slash through the stitch at the point.

TIP

To prevent fabric from fraying, treat the point with a liquid seam sealant, such as fray check $^{\text{TM}}$.

- **3.** Press under 1/4"(6mm) on edge of continuous lap without center small dot.
- 4. Spread slashed edges of sleeve apart so that they form a straight line. Pin RIGHT side of continuous lap to WRONG side of slashed edges, matching stitching lines and small dots. Sleeve seam allowance will be 1/4"(6mm) at the ends but taper close to nothing at the center dot. Stitch along stitching line, being careful not to pucker sleeve at center dot. Press seam toward lap.
- **5.** Pin pressed edge of lap to OUTSIDE slightly over stitching. Stitch close to presses edge
- **6.** Turn front edge of lap to INSIDE; baste in place across lower edge. To keep lap in place, stitch diagonally across upper edge of lap.



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