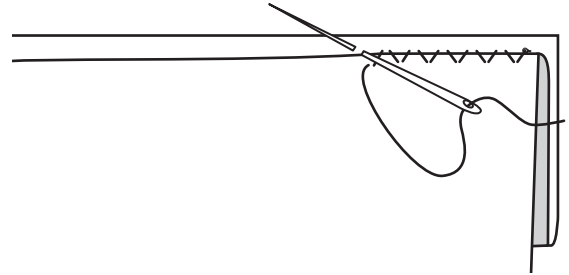


hand stitches

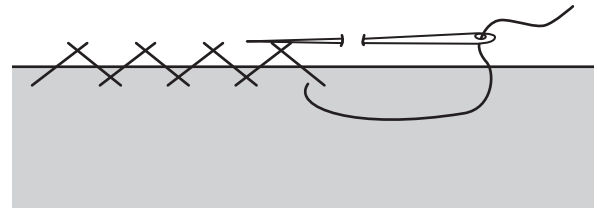
HOW TO BLINDSTITCH

Fold down garment about $\frac{1}{4}$ "(6mm) below edge of hem or facing. Fasten thread in hem edge. Make a small diagonal stitch by picking up one thread of garment, then one thread of the hem or facing.



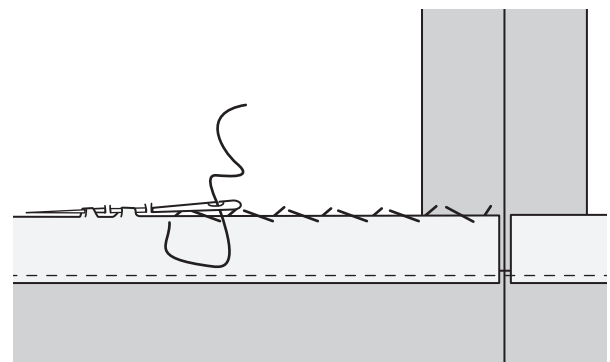
HOW TO CATCHSTITCH

Fasten thread on wrong side. With the needle pointing to the left, take a tiny stitch in the garment. Take the next stitch $\frac{1}{4}$ "(6mm) away to the right close to the edge of the hem or facing so the stitches form an X. Continue, alternating from garment to hem or facing, keeping stitches fairly loose.



HOW TO HEM STITCH

Use this stitch when the hem allowance is finished with seam binding. Begin at a seam, fastening the thread in the seam allowance. Take a tiny stitch through the garment, picking up a single thread. Insert needle between the seam binding and the garment and bring it out through the seam binding about $\frac{1}{4}$ "(6mm) to the left of the first stitch. Take another stitch in garment, $\frac{1}{4}$ "(6mm) to the left of the second stitch. Continue, alternating from seam binding to garment, taking several stitches on the needle before drawing the thread through the fabric.

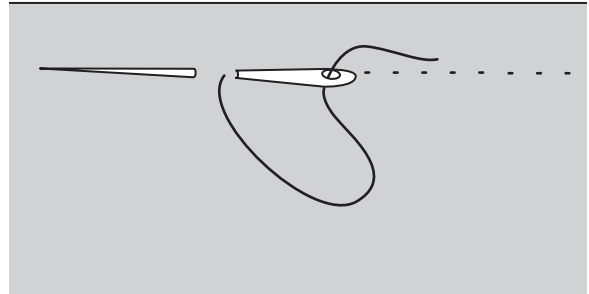


Example shown with bias tape finish

hand stitches continued

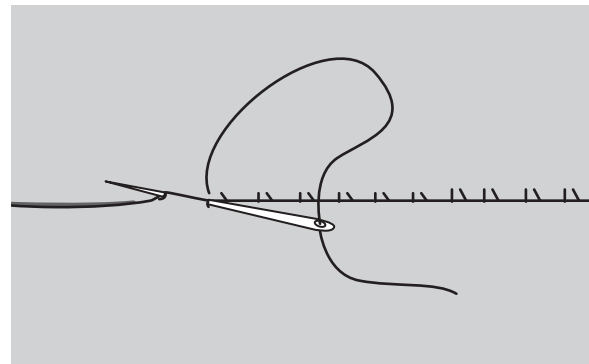
HOW TO PIC STITCH aka PRICK STITCH

Bring needle through all thicknesses to the upper side. Take a stitch back only one or two threads, forming a tiny surface stitch. Bring the needle out again a scant 1/4"(6mm) in front of the stitch.



HOW TO SLIPSTITCH

Slide needle through a folded edge, then pick up a thread of underneath fabric.



HOW TO TACK

This stitch is used to hold facings in place at seams. On inside, take three or four short stitching in one place through both layers, keeping the garment free.

